

Primary P.E. Curriculum Statement

Rationale

Physical Education is a vital part of our broad and balanced curriculum. It supports pupils' physical, social and emotional development, promotes positive attitudes towards health and wellbeing, and provides opportunities for challenge, enjoyment and success. Through high-quality PE, pupils learn to value physical activity as part of a healthy lifestyle, to work collaboratively with others, and to develop confidence and resilience that transfer to all areas of school life.

Intent

Our PE curriculum aims to:

- Develop physical literacy, including agility, balance, coordination and control.
- Provide a progressive pathway of skills from Year 1 to Year 6 across games, gymnastics, dance, athletics, swimming and outdoor learning.
- Ensure that every pupil participates and experiences success, regardless of starting point or ability.
- Foster teamwork, respect, fairness and good sportsmanship in both competitive and cooperative contexts.
- Encourage pupils to understand the benefits of physical activity for their physical and mental health.
- Prepare pupils for continued participation in physical activity and sport beyond primary school, including transition to secondary PE.

Implementation

We deliver our PE curriculum through:

- A planned, sequenced curriculum map from Years 1–6, organised into six half terms, with clear progression of knowledge and skills.
- A balance of:
 - PE lessons focusing on fundamental movement, gymnastics, dance, fitness and skill development.

- Games lessons focusing on invasion games, net and wall games, and striking and fielding activities, using modified and then formal rules.
- Seasonal athletics and swimming, and age-appropriate outdoor and adventurous activities.
- Consistent lesson structure, typically including warm-up, skill development, application in context (e.g. routines, games or challenges) and reflection.
- Use of age-appropriate equipment and adaptations to ensure access and success for all pupils, including those with additional needs.
- Ongoing formative assessment to identify next steps, adjust teaching and support pupils in understanding their own progress.
- Enrichment opportunities, such as clubs, inter-house events, fixtures and sports days, to extend and apply learning beyond the classroom.

Impact

The impact of our PE curriculum is that pupils:

- Demonstrate secure and progressively refined physical skills, appropriate to their age and stage.
- Show confidence, enjoyment and sustained engagement in physical activity, both in lessons and through wider opportunities.
- Work cooperatively and respectfully, showing empathy, fair play and an understanding of rules and safety.
- Can talk about their learning in PE, including the skills they are developing and how physical activity contributes to a healthy lifestyle.
- Are ready for the next stage of their education, with the knowledge, skills and attitudes to participate confidently in secondary school PE and in physical activity beyond school.