



SMSC & British Values

Approved by:	Kirsty Burrridge
Last reviewed:	August 2025
Next Review by:	September 2026
Review Cycle:	Annual

YEAR 1

AUTUMN YEAR 1

Weeks	Self-Awareness & Wellbeing	Communication & Relationships	Citizenship & Society
1-2	Develop physical stillness with alert attention; begin noticing internal cues and calm states.	Respect rights and property of self/others; practise appropriate behaviour with adults and peers.	Explore literature, music, art, design, technology and sport to support cultural development. Learn school rules and why they keep us safe (Rule of Law).
3-4	Build confidence using the senses to explore and understand the environment.	Develop compassion and forgiveness; recognise personal strengths and what each person can do well.	Recognise similarities and differences between people and practise being non-judgemental. Make safe choices in a supportive setting (Individual Liberty).
5-6	Use imagination through language, imagery, poetry and the arts; develop enjoyment of learning	Interact positively through wider experiences such as visits, sport and community activities.	Develop tolerance and respect for diverse cultures, backgrounds and viewpoints (Mutual Respect & Tolerance).
7-8	Practise quiet reflection during lessons or group time; develop attention and self-regulation skills.	Share and name emotions safely (e.g., fear, joy, hope) and practise coping strategies.	Understand rights and personal freedoms and how to exercise them safely (Individual Liberty).
9-10	Build inner confidence and calm through reflection; practise regulation and recovery strategies.	Take responsibility for actions; practise repairing and making better choices. Show sensitivity to others.	Experience real choices and reflect on learning experiences (Democracy).
11-12	Explore what different people value and believe, and how values can guide choices and behaviour.	Help others and take part in a caring community; develop age-appropriate citizenship skills.	Learn how empathy, respect and tolerance support life in modern Britain (Mutual Respect & Tolerance).

SPRING YEAR 1

Weeks	Self-Awareness & Wellbeing	Communication & Relationships	Citizenship & Society
1-3	Build self-confidence expressing thoughts and feelings using speech, AAC, art, movement or writing	Develop speaking and listening skills via preferred communication methods; practise turn-taking.	Respect and appreciate a range of cultural traditions and communities in Britain and beyond.
4-5	Develop personal values and opinions; practise reflecting on what matters to you.	Learn the difference between right and wrong with support; practise naming feelings and needs.	Value cultural interests (music, media, icons) with growing independence from peer pressure.
6-9	Build trust through consistent routines and reliable relationships.	Demonstrate fairness and honesty in everyday situations.	Understand responsibilities linked to rules and consequences that keep everyone safe (Rule of Law). Explore morals, ethics and values in an age-appropriate way.
10-11	Develop awe and appreciation for the natural world; practise caring for the environment.	Show courtesy, generosity and respect; practise inclusive behaviour and language.	Strengthen understanding of respectful community life and belonging (Mutual Respect & Tolerance).

SUMMER YEAR 1

Weeks	Self-Awareness & Wellbeing	Communication & Relationships	Citizenship & Society
12-15	Recognise the value of non-material experiences such as friendship, creativity, calm and nature.	Act considerately; practise sharing and taking turns.	Understand British cultural traditions and the many forms families and communities can take (Mutual Respect & Tolerance).
16-19	Recognise strengths and sources of wellbeing beyond material things; practise gratitude and reflection.	Help others; develop citizenship and community participation.	Value current cultural interests thoughtfully and safely, with increasing independence
20-23	Celebrate personal uniqueness; build confidence and positive identity.	Behave with respect and acceptance; practise tolerance and inclusive attitudes.	Respect the values and customs of diverse ethnic and cultural groups in Britain and beyond (Mutual Respect & Tolerance).
24-26	Develop personal values; practise self-discipline and goal setting	Develop teamwork skills: responsibility, initiative, cooperation and leadership in small groups.	Understand diversity in social, cultural, aesthetic, ethnic and political traditions; strengthen pupil voice and communication (Democracy).
27-30	Explore how values and beliefs influence choices; practise reflective thinking.	Work cooperatively in pairs and groups; follow agreed routines and expectations.	Develop high expectations and take part in reviewing learning and making choices (Democracy).

YEAR 2

AUTUMN YEAR 2

Weeks	Self-Awareness & Wellbeing	Communication & Relationships	Citizenship & Society
1-2	Develop physical stillness with alert attention; practise noticing calm and focus.	Respect rights and property of self/others; practise appropriate behaviour with adults and peers	Explore literature, music, art, design, technology and sport; learn school rules and why they exist (Rule of Law).
3-6	Use imagination through language, imagery, poetry and the arts; develop enjoyment of learning.	Interact positively through wider experiences such as visits, sport and community activities.	Develop tolerance and respect for diverse cultures and viewpoints (Mutual Respect & Tolerance).
7-8	Practise quiet reflection during lessons or group time; develop attention and self-regulation skills.	Share and name emotions safely (e.g., fear, joy, hope) and practise coping strategies.	Understand rights and personal freedoms and how to exercise them safely (Individual Liberty)
9-10	Build inner confidence and calm through reflection; practise regulation strategies.	Take responsibility for actions; show sensitivity to others' needs and feelings.	Experience real choices and reflect on learning experiences (Democracy).
11-12	Explore what different people value and believe, and how values can guide choices and behaviour.	Develop citizenship by participating in a caring community and supporting others	Learn how empathy, respect and tolerance support life in modern Britain (Mutual Respect & Tolerance).

SPRING YEAR 2

Weeks	Self-Awareness & Wellbeing	Communication & Relationships	Citizenship & Society
1-3	Build self-confidence expressing thoughts and feelings using speech, AAC, art, movement or writing.	Develop speaking and listening skills via preferred communication methods.	Respect and appreciate a range of cultural traditions and communities in Britain and beyond.
4-5	Develop personal values and opinions; practise reflective thinking.	Learn the difference between right and wrong with support; practise naming feelings and needs.	Value cultural interests (music, media, icons) with growing independence from peer pressure.
6-9	Build trust through routines and relationships.	Demonstrate fairness and honesty for everyone.	Understand responsibilities linked to rules and consequences that keep everyone safe (Rule of Law).
10-11	Develop appreciation for the natural world; practise caring for the environment.	Show courtesy, generosity and respect; practise inclusive behaviour and language.	Strengthen understanding of British cultural traditions and respectful community life (Mutual Respect & Tolerance)

SUMMER YEAR 2

Weeks	Self-Awareness & Wellbeing	Communication & Relationships	Citizenship & Society
12-15	Recognise the value of non-material experiences such as friendship, creativity, calm and nature.	Act considerately; practise sharing and taking turns.	Understand British cultural traditions and diverse communities (Mutual Respect & Tolerance).
16-19	Recognise strengths and sources of wellbeing; build confidence and reflection.	Help others; develop citizenship and community participation.	Value current cultural interests safely and thoughtfully.
20-23	Celebrate personal uniqueness; build confidence and positive identity.	Behave with respect and acceptance; practise tolerance and inclusive attitudes.	Respect the values and customs of diverse ethnic and cultural groups in Britain and beyond (Mutual Respect & Tolerance).
24-26	Develop personal values; practise self-discipline and goal setting.	Develop teamwork skills: responsibility, initiative, cooperation and leadership.	Understand diversity in social, cultural, aesthetic, ethnic and political traditions; strengthen pupil voice and communication (Democracy).
27-30	Explore how values influence choices; practise reflective thinking.	Work cooperatively in pairs and groups; follow agreed routines and expectations.	Develop high expectations and take part in reviewing learning and making choices (Democracy)